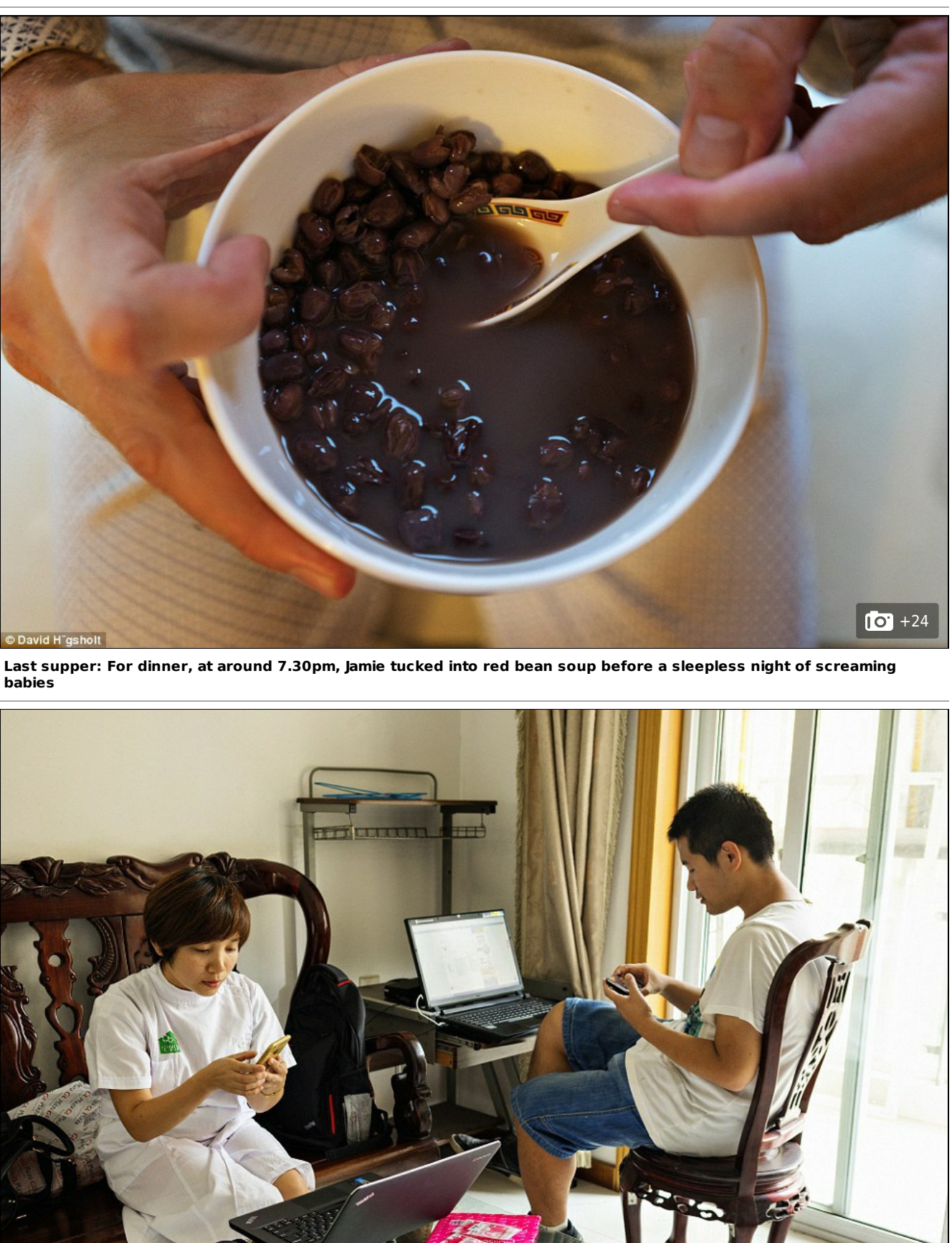




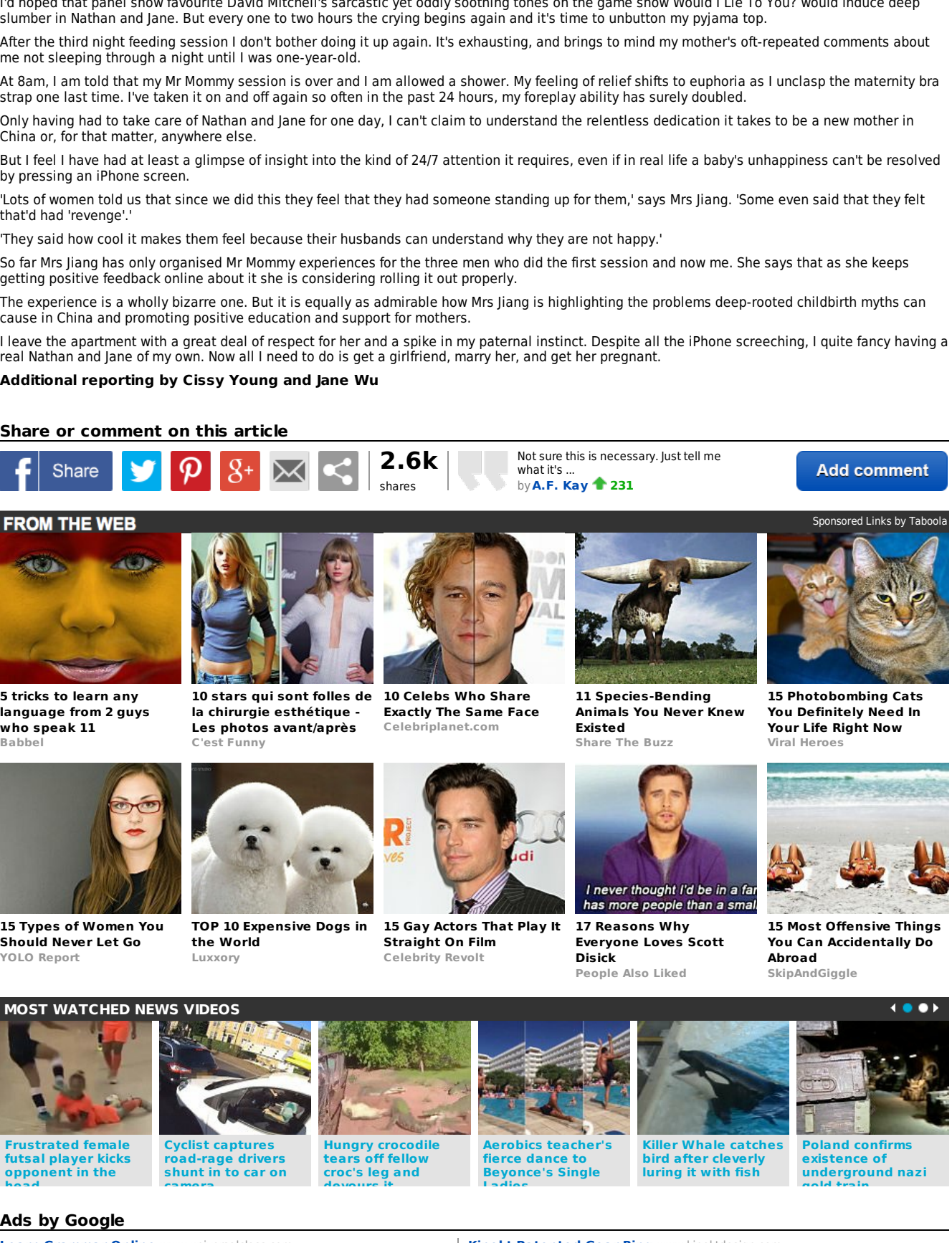
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Not fair: As Jamie sat down to dinner, and was warned to take a nap before a busy night, staff tucked in to a McDonald's meal (pictured)



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Treat: Jamie's 24-hour experience was designed to reflect a few days of motherhood, so he was allowed solid food for lunch - which in this case was pigs' trotters in watery soup



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Last supper: For dinner, at around 7.30pm, Jamie tucked into red bean soup before a sleepless night of screaming babies



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Watchful eye: The staff at Zhalmom (pictured) keep the new 'mothers' indoors for the duration of the ten-day course to simulate real life motherhood in China

I'd hoped that panel show favourite David Mitchell's sarcastic yet oddly soothing tones on the game show *Would I Lie To You?* would induce deep slumber in Nathan and Jane. But every one to two hours the crying begins again and it's time to unbutton my pyjama top.

After the third night feeding session I don't bother doing it up again. It's exhausting, and brings to mind my mother's oft-repeated comments about me not sleeping through a night until I was one-year-old.

At 8am, I am told that my Mr Mommy session is over and I am allowed a shower. My feeling of relief shifts to euphoria as I unclasp the maternity bra strap one last time. I've taken it on and off again so often in the past 24 hours, my foreplay ability has surely doubled.

Only having had to take care of Nathan and Jane for one day, I can't claim to understand the relentless dedication it takes to be a new mother in China or, for that matter, anywhere else.

But I feel I have had at least a glimpse of insight into the kind of 24/7 attention it requires, even if in real life a baby's unhappiness can't be resolved by pressing an iPhone screen.

Lots of women told us that since we did this they feel that they had someone standing up for them,' says Mrs Jiang. 'Some even said that they felt that I'd had 'revenge'.

They said how cool it makes them feel because their husbands can understand why they are not happy.'

So far Mrs Jiang has only organised Mr Mommy experiences for the three men who did the first session and now me. She says that as she keeps getting positive feedback online about it she is considering rolling it out properly.

The experience is a wholly bizarre one. But it is equally as admirable how Mrs Jiang is highlighting the problems deep-rooted childbirth myths can cause in China and promoting positive education and support for mothers.

I leave the apartment with a great deal of respect for her and a spike in my paternal instinct. Despite all the iPhone screaming, I quite fancy having a real Nathan and Jane of my own. Now all I need to do is get a girlfriend, marry her, and get her pregnant.

Additional reporting by Cissy Young and Jane Wu

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Men have a role in society to play and its NOT doing a mother's job.

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The beta male vibe is strong with these young guys...pathetic.

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These are the types of pictures people use when blackmailing you. Just wow.

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OK I've been around the world, seen so much in my life, alot of good and bad things, but this is the stupidest thing ever, OMG what's next

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nunya, deep south, United States, about 6 hours ago
How stupid.

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bananb, Bakersfield, United States, about 6 hours ago
This is just silly! Will we have to experience getting kicked in the testes just so that we can "understand" men? Inflicting pain for pain's sake is just stupid, no matter who you are.

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Ned R Anderson, Fairfax, United States, about 6 hours ago
What a stupid e f f ing idiot, has this what has become of our society?

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What kind of wuss would do this?

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workaholic, Kailua, United States, about 13 hours ago
ffs, when will this women-as-perpetual-victims crap ever end??

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I just have one question..... WHY?? Why would a man need to take this course? Its very creepy to me!

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