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11 February 2



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GETTY IMAGES

Pete Hegseth said not washing hands helps him to inoculate himself

Fox News host Pete Hegseth has said on air that he has not washed his hands for 10 years because "germs are not a real thing".

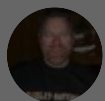
Speaking on Fox and Friends, Hegseth said the infectious micro-organisms did not exist because they could not be seen with the naked eye.

"I inoculate myself," added the Harvard and Princeton graduate.

His remarks came after co-hosts Ed Henry and Jedediah Bila made fun of him for eating left-over pizza.

"My 2019 resolution is to say things on air that I say off air." Hegseth added.

His comments



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Brad
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I wonder if @PeteHegseth would be cool with restaurant workers preparing his food after deliberately not washing their hands?

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Mr Hegseth later told USA Today that his remarks were intended to be a joke.

"We live in a society where people walk around with bottles of Purell (a hand sanitiser) in their pockets, and they sanitise 19,000 times a day as if that's going to save their life," he said.

"I take care of
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One BBC reader, Steve M, said: "I didn't think I would ever say this - I agree with Donald Trump on this!"




"It would seem that attending Harvard and Princeton might provide knowledge, but obviously not any sense."

Some noted that being too obsessed with hygiene could also be a bad thing, by possibly lowering one's natural resistance to germs.

But as reader Kevin Cook put it: "Not washing your hands at all for 10 years



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But, as reader Kevin Cook put it: "Not washing your hands at all for 10 years strikes me as reckless disregard for other people's health."

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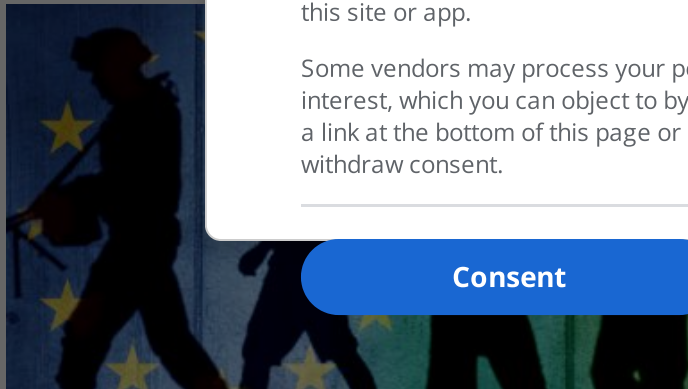
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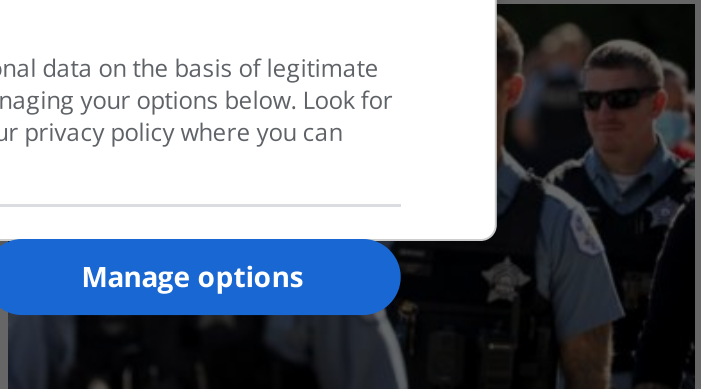
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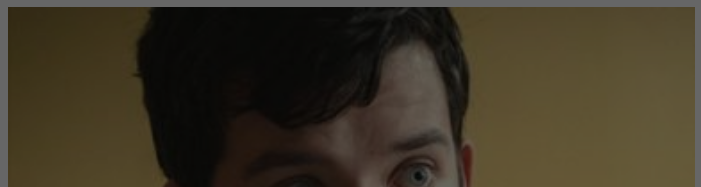
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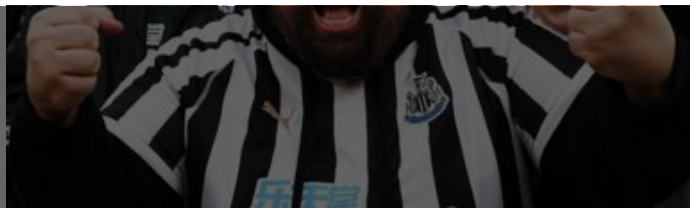
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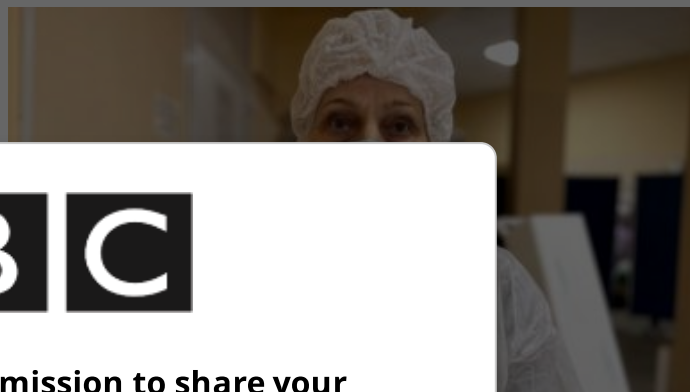
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