



YouTube A Google company

en

i

Before you continue to YouTube

We use [cookies](#) and data to

Deliver and maintain Google services

Track outages and protect against spam, fraud, and abuse

Measure audience engagement and site statistics to understand how our services are used and enhanced the quality of those services

If you choose to "Accept all," we will also use cookies and data to

Develop and improve new services

Deliver and measure the effectiveness of ads

Show personalized content, depending on your settings

Show personalized ads, depending on your settings

If you choose to "Reject all," we will not use cookies for these additional purposes.

Non-personalized content and ads are influenced by things like the content you're currently viewing, your location (ad serving is based on general location). Personalized content and ads can also be influenced by things like video recommendations, a customized YouTube homepage, and tailored ads based on your activity, like the videos you watch and the things you search for on YouTube. We also use cookie data to tailor the experience to be age-appropriate, if relevant.

Select "More options" to see additional information, including details about managing your privacy settings. You can also visit g.co/privacymore at any time.

[Reject all](#)

[Accept all](#)

[More options](#)

0:00 / 10:58 • Comment réparer une crevaison sans chambre à air ?

Comment réparer une crevaison sans chambre à air ?



GCN en Français
196K subscribers

[Subscribe](#)

111K views · 1 year ago #GCNenFrançais #cyclisme #Français

Réparer une crevaison sur votre vélo de route peut s'avérer difficile, sans parler du fait d'être coincé dans une situation où il n'y a pas de chambre à air. Voici quelques conseils et astuces pratiques pour vous aider la prochaine fois que vous aurez une crevaison.

[...more](#)

Shop the GCN en Français store



GCN x AGU Premium Softstretch Bibshort

[SHOP](#)

Limited stock

Global Cycling Network

Comfort, performance and style come together in these bibshorts. Made from one panel, there is a minimum number of seams required which gives extra compression. A very comfortable bib short to help you take on any challenge. Product Features: Extra flat braces provide comfort and have good breathability. Flat-stitched seams are barely visible.

Comment descendre vite en toute sécurité sur la route ?

GCN en Français

53K views · 1 year ago

9:19

20:31

13:06

3:32

5 astuces pour éliminer 99% des crevaisons à vélo !

Quel Velo

267K views · 4 years ago

Comment grimper plus facilement à vélo

GCN en Français

241K views · 4 months ago

Réparer une crevaison – Poser une rustine sur une chambre à air de vélo

MadeGood Bikes Français

95K views · 5 years ago

Pourquoi les cyclistes professionnels utilisent-ils des manivelles de plus en ...

GCN en Français

226K views · 4 months ago

14:13

11:45

12:32

7:00

L'incroyable ingénierie derrière les vélos du Tour de France | C'est Technique

Explore Media

283K views · 2 weeks ago

The Fastest Tyre Width is NOT What You Think

GCN Tech

387K views · 1 month ago

Réparer une chambre à air de vélo VTT pour 0€ - Pas cher! PMbricoleur

Philippe MURAT Bricoleur

121K views · 6 years ago

6:43

13:55

Les erreurs fréquentes avec le tubeless !

GCN en Français

120K views • 1 year ago

What Pros Know About Screws. That Beginners Don't.

Five Duck Studio

2.4M views • 10 days ago

How to fix a flat on the road without removing the wheel

jean-christophe Proux

87K views • 4 years ago

Le pneu de vélo increvable existe-t-il vraiment ?

Le Parisien

215K views • 3 years ago

13:18

22:53

What Happens If You Try Cycling 50 Miles With Zero Experience?

Global Cycling Network

365K views • 1 month ago

Changer une chambre à air: une mission devenue impossible? La Pause Tuto by...

La Pause Vélo

28K views • 1 year ago



A Google company

Before you continue to YouTubeWe use [cookies](#) and data to

Deliver and maintain Google services

Track outages and protect against spam, fraud, and abuse

Measure audience engagement and site statistics to understand how our services are used and enhanced the quality of those services

If you choose to "Accept all," we will also use cookies and data to

Develop and improve new services

Deliver and measure the effectiveness of ads

Show personalized content, depending on your settings

Show personalized ads, depending on your settings

If you choose to "Reject all," we will not use cookies for these additional purposes.

Non-personalized content and ads are influenced by things like the content you're currently viewing, your location (ad serving is based on general location). Personalized content and ads can also be influenced by things like video recommendations, a customized YouTube homepage, and tailored ads based on your activity, like the videos you watch and the things you search for on YouTube. We also use cookie data to tailor the experience to be age-appropriate, if relevant.

Select "More options" to see additional information, including details about managing your privacy settings. You can also visit g.co/privacymore at any time.

Show

More options

[Privacy Policy](#) • [Terms of Service](#)