

Ditz (band)

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Ditz (often stylised **DITZ**) are an English rock band that formed in [Brighton](#) in 2016. The band consists of Cal Francis (vocals), Caleb Remnant (bass), Anton Mocock (Guitar), Jack Looker (Guitar), Sam Evans (Drums).

Background [\[edit \]](#)

The band formed in 2016 in [Brighton](#),^[3]^[1] with the members being involved in the various music scenes in the city. The original founders, Cal Francis, and Caleb Remnant grew up together in [Gloucestershire](#), and had tried to form bands with limited success.^[4] Later that year, Mocock joined the band followed by then drummer Looker in 2016,^[4] with Evans finalising the lineup in early 2019.

In 2020, the band released their EP, *5 Songs*, which included a collection of singles previously released in 2018 to 2019. Around this time, the band signed on to [Alcopop! Records](#). In 2022, they released their debut studio album, *The Great Regression*, which was met to critical acclaim.^[1]^[5]

The band's sophomore studio album, *Never Exhale*, was independently released in 2025.

Style [\[edit \]](#)

The band has been compared to [IDLES](#), [Yak](#), [Daughters](#) and [Gilla Band](#).^[6]

Discography [\[edit \]](#)

Studio albums [\[edit \]](#)

- The Great Regression* (2022)

Ditz



At Mutations Festival, Brighton UK, 7 November 2025

Background information

Origin	Brighton , England
Genres	Experimental hardcore ^{[1]} · post-punk ^{[2]}
Years active	2016–present
Labels	Permanent Creeps · Alcopop! · Suicide Squeeze · Republic Of Music
Members	Cal Francis Caleb Remnant Anton Mocock Jack Looker Samuel Evans
Past members	Archie Brewis-Lawes Myles Waring
Website	ditzband.com

- *Never Exhale* (2025)

Live albums [[edit](#)]

- *On the Bai'ou - Live from the Louisiana* (2023)

Extended plays [[edit](#)]

- *EP1* (2016)
- *5 Songs* (2020)

Singles [[edit](#)]

- "Rupert Grint" (2016)
- "Seeking Arrangement" (2018)
- "Gayboy" (2019)
- "Total 90" (2019)
- "Role Model" (2020)
- "Fuck the Pain Away" (2020)
- "Ded Würst" (2021)
- "The Warden" (2021)
- "I Am Kate Moss" (2022)
- "Summer of the Shark" (2022)
- "Riverstone" (2023)
- "Space/Smile" (2024)
- "Taxi Man" (2024)
- "Four" (2025)

References [[edit](#)]

- ↑ ^{**a** **b** **c**} Farrell, Margaret (14 March 2022). "Ditz: The Great Regression Album Review" . *Pitchfork*. Condé Nast. Retrieved 28 August 2022.
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- ↑ ^{**a** **b**} Haley, Dominic (28 August 2018). "Ditz – You've got to be a shit band somewhere" . *Loud and Quiet*. Retrieved 28 August 2022.
- ↑ "The Great Regression by DITZ Reviews and Tracks" . *Metacritic*. CBS Interactive. Retrieved 28 August 2022.
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External links [[edit](#)]

- Official website**
- Ditz discography at Discogs

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